

Let Herbs & Flowers Nourish You	r So	ul
9am / Seven Primary Herbs w/ Martha Everett	\$5	
10am / Creating Exotic Herbal Condiments w/ Craig Olander	\$5	
11am / Flavoring Lunch w/ Monica Rude	\$5	
Noon / Savoring Lunch Summer salads flavored with herbs in the previous class. Lemon verbena sorbet courtesy of Shevek & Company. Yum!	\$10	
1pm / Low Tech Hydrosols / Mary Buonocore	\$5	
2pm / Herbal Alchemy: Make & Use Herbal Infused Oils / w/ Irene Sturla	\$5	
3:15pm / Herbal Plant Walk w/ Michael Cottingham	\$5	
Total:	\$	
Classes are on Friday 14 August 2015 at Volunteer Center - 501 E 13th Street - Silver City except the plant walk at 604 N Bullard Street in the garden behind Bear Creek Herb Store First Name Last Name		
Address Last Name		
C/S/Z		
Phone 1 Phone 2 please indicate hm / ofc / cel		
Email		

Penmanship Counts!

Make checks payable to GMCR and mail to - or drop in the mail slot at - the address below

GILA / MIMBRES COMMUNITY RADIO KURU 89.1 T/M

North Bulland Street City NM 20064 575 525 2000 flowers COM